

Pequeno-Almoço

la bicyclette



Café da manhã (1 pessoa)

€6,50

1 croissant, 1 baguete, tostinhas, manteiga, compota, queijo, fiambre e 1 bebida quente

La Bicyclette (2 pessoas)

€16,00

2 baguetes e 2 croissants, tostinhas, manteiga, compota, queijo, fiambre, 2 bebidas quentes e 2 sumos do dia

Americano

€7,50



2 ovos mexidos, 2 fatias de bacon, 3 salsichas, 1 baguete e 1 sumo do dia

O Nosso Iogurte

€4,80



Iogurte natural, granola, frutas variadas e mel



la bicyclette

Breakfast



Continental Breakfast (1 person)

€6,50

1 croissant, 1 baguette, melba toasts, butter, jam, cheese, ham and 1 hot drink

La Bicyclette (2 people)

€16,00

2 baguettes, 2 croissant, melba toasts, butter, jam, cheese, ham, 2 hot drinks and 2 natural juices of the day

American Breakfast

€7,50



2 scrambled eggs, 2 slices of bacon, 3 sausage, 1 baguette and 1 natural juice of the day



Our Natural Yogurt

€4,80



Greek yogurt, crunchy granola, seasonal fruits and a drizzle of honey

Petit Dèjeuner



Petit Dèjeuner Continental (1 personne)

€6,50

1 croissant, 1 baguette, melba toast, beurre, confiture, fromage, jambon et 1 boisson chaude

La Bicyclette (2 personnes)

€16,00

2 baguettes et 2 croissants, melba toast, beurre, confiture, fromage, jambon, 2 boisson chaude et 2 jus naturel du jour

Petit-déjeuner américain

€7,50



2 oeufs brouillés, 2 tranches de bacon, 3 saucisses, 1 baguette et 1 jus naturel du jour

Notre Yaourt Nature

€4,80



Yaourt grec, granola croustillant, fruits variés et un filet de miel





Petiscos



Cesta de pão com azeitonas e cenoura	€2,50
Tábua de queijos	€8,50
3 variedades de queijo, com presunto, tostinhas, compota e mel	
Queijo brie no forno	€7,00
Com mel, nozes, orégãos e tostinhas	

Sanduíches



Natura	€4,50
Queijo fresco, fiambre e rúcula	
Frango	€4,50
Frango, maionese, tomate, alface e cebola roxa	
Norueguesa	€5,80
Salmão fumado, queijo brie, tomate e rúcula	
La Bicyclette	€4,50
Atum, maionese, alface, tomate e ovo cozido	
Delícias do mar	€4,50
Delícias do mar, maionese, alface, tomate e cebola roxa	
Omelete simples	€3,50
Omelete de queijo e fiambre	€4,50

Tostas

Queijo e fiambre	€4,50
Frango	€6,00
Frango, maionese, queijo, tomate e cebola roxa	
Atum	€6,00
Atum, maionese, queijo, tomate e cebola roxa	
Delícias do mar	€6,00
Delícias do mar, maionese, alface, tomate e cebola roxa	
La Bicyclette	€5,50
Queijo, tomate e orégãos	



Snacks



Omelete simples com salada	€5,50
Omelete de queijo e fiambre com salada	€7,00
Omelete de camarão com salada	€8,50
Hambúrguer no pão (vaca)	€6,50
Bacon, queijo, cebola caramelizada, alface, tomate, acompanhado com batata frita	
Cachorro	€4,50
Salsicha, cebola caramelizada, batata palha e alface	
Bifana	€4,00
Pão caseiro ou papo-seco	

Saladas

Vegetariana	€6,00
Mix de folhas verdes, tomate cherry, milho e cebola roxa com molho vinagrete	
Mar	€7,50
Atum, tomate cherry, cebola roxa, milho, ovo e azeitonas pretas com molho balsâmico	
Fresca	€6,80
Queijo mozarella de búfala, tomate cherry, croutons com molho vinagrete	
Normandia	€7,50
Salmão fumado, queijo brie e tomate cherry com molho balsâmico	
Camponesa	€7,00
Frango, cebola roxa, queijo ralado e croutons com molho de iogurte	
La Bicyclette	€8,00
Camarão, delícias do mar, tomate cherry, queijo feta com molho de iogurte	



**Massas frias****Base massa com 5 ingredientes à escolha e 1 molho****€8,00**

Ingredientes	Frango	Queijo brie	Nozes	Molhos	logurte
	Atum	Queijo mozzarella	Croutons		Vinagrete
	Camarão	Queijo feta	Cebola roxa		Balsâmico
	Salmão fumado	Queijo fresco	Azeitonas		Alho e ervas
	Delícias do mar	Ananás	Ovo cozido		
	Milho	Tomate cherry	Cenoura		

**Obrigada****Pela sua****Visita!**



Starters



Bread basket with olives and carrots	€2,50
Cheese board	€8,50
3 cheese qualities, with iberian ham, melba toasts, jam and honey	
Brie cheese at the oven	€7,00
With honey, nuts, orégano and melba toasts	

Sandwiches



Nature	€4,50
Fresh cheese, ham and rocket	
Chicken	€4,50
Chicken, mayo, tomato, lettuce and purple onion	
Norwegian	€5,80
Smoked salmon, brie cheese, tomato and rocket	
La Bicyclette	€4,50
Tuna, mayo, lettuce, tomato and boiled egg	
Seafood fingers	€4,50
Seafood fingers, mayo, lettuce, tomato and purple onion	
Simple omelet	€3,50
Cheese and ham omelet	€4,50

Toasts

Cheese and ham	€4,50
Chicken	€6,00
Chicken, mayo, cheese, tomato and purple onion	
Tuna	€6,00
Tuna, mayo, cheese, tomato and purple onion	
Seafood fingers	€6,00
Seafood fingers, mayo, tomato and purple onion	
La Bicyclette	€5,50
Cheese, tomato and oregano	



Snacks



Simple omelet with salad	€5,50
Cheese and ham omelet with salad	€7,00
Shrimp omelet with salad	€8,50
Burger on bread (beef)	€6,50
Bacon, cheese, caramelized onion, lettuce, tomato with chips	
Hot dog	€4,50
Sausage, caramelized onion, shoestring potatoes and lettuce	
Bifana	€4,00
Pão caseiro ou papo-seco	

Salads

Vegetarian	€6,00
Green leaf mix, cherry tomato, corn and purple onion with vinagrette sauce	
Sea	€7,50
Tuna, cherry tomato, purple onion, corn, boiled egg and black olives with balsamic sauce	
Fresh	€6,80
Mozzarella cheese, cherry tomato, croutons with vinagrette sauce	
Norwegian	€7,50
Smoked salmon, brie cheese and cherry tomato with balsamic sauce	
Peasant	€7,00
Chicken, purple onion, cheese and croutons with yogurt sauce	
La Bicyclette	€8,00
Shrimp, seafood fingers, cherry tomato, feta cheese with yogurt sauce	





Cold pasta



Pasta base with 5 ingredients of your choice and 1 sauce

€8,00

Ingredients	Chicken	Brie cheese	Nuts	sauce	Yogurt
	Tuna	Mozzarella cheese	Croutons		Vinagrette
	Shrimp	Feta cheese	Purple onion		Balsamic
	Smoked salmon	Fresh cheese	Olives		Garlic and herbs
	Seafood fingers	Pineapple	Boiled egg		
	Corn	Cherry tomato	Carrots		



Thanks

For your

Visit!



Collations



Corbeille de pain aux olives et aux carottes	€2,50
Plateau à fromage	€8,50
2 variétés de fromage, jambon ibérique, melba toast, confiture et miel	
Fromage brie au four	€7,00
Avec miel, des noisettes, origan et melba toast	

Sandwiches



Natura	€4,50
Fromage frais, jambon de dinde et roquette	
Poulet	€4,50
Poulet, mayo, tomate, laitue et oignon violet	
Norvégien	€5,80
Saumon fumé, fromage brie, tomate et roquette	
La Bicyclette	€4,50
Thon, mayo, laitue, tomate et œuf dur	
Délices de la mer	€4,50
Délices de la mer, mayo, laitue, tomate et oignon violet	
Omelette simple	€3,50
Omelette au fromage et au jambon	€4,50

Pain Grillé

Fromage et jambon	€4,50
Poulet	€6,00
Poulet, mayo, fromage, tomate et oignon violet	
Thon	€6,00
Thon, mayo, fromage, tomate et oignon violet	
Délices de la mer	€6,00
Délices de la mer, mayo, fromage, tomate et oignon violet	
La Bicyclette	€5,50
Fromage, tomate et origan	



Snacks



Omelette Simple avec salade	€5,50
Omelette de fromage et jambon avec salade	€7,00
Omelette de crevette et fromage avec salade	€8,50
Hamburger sur pain (vache)	€6,50
Bacon, fromage, oignon caramélisé, laitue, tomate, servi avec chips	
Hot dog	€4,50
Saucisse, oignon caramélisé, pommes de terre et laitue	
Bifana	€4,00
Pão caseiro ou papo-seco	

Salades

Végétarien	€6,00
Mélange de feuilles vertes, tomate cerise, mais, oignon violet et fines herbes avec sauce vinaigrette	
Mer	€7,50
Thon, tomate cerise, oignon violet, mais, oeuf dur, olives noirs et fines herbes avec sauce balsamique	
Fraiche	€6,80
Fromage mozzarella, tomate cerise, croutons et fines herbes avec sauce vinaigrette	
Normandie	€7,50
Saumon fumé, fromage brie, tomate cerise et fines herbes avec sauce balsamique	
Paysanne	€7,00
Poulet, oignon violet, fromage râpé, croutons et fines herbes avec sauce yaourt	
La Bicyclette	€8,00
Crevettes, délices de la mer, tomate cerise, fromage feta et fines herbes avec sauce yaourt	



**Pâtes froides****Base de pâtes avec 5 ingrédients au choix et 1 sauce****€8,00**

Ingrédients	Poulet	Fromage brie	Des noisettes	Sauce	Yaourt
	Thon	Fromage mozzarella	Croutons		Vinagrette
	Crevettes	Fromage feta	Oignon violet		Balsamique
	Saumon fumé	Fromage fraîche	Olives		Ail et herbes
	Délices de la mer	Ananas	Oeuf dur		
	Mais	Tomate cerise	Carotte		

**Merci****Pour votre****Visite!**



Bebidas Quentes



Café expresso	€1,00
Abatanado	€1,50
Café duplo	€2,00
Galão	€1,50
Meia de leite	€1,40
Cappuccino	€2,20
Cappuccino com chantilly	€2,70
Chocolate quente	€2,50
Chá (à escolha)	€1,30
Chá La Bicyclette	€1,80

Limão, gengibre, hortelã e canela



Iced coffees

Latte iced coffee	€2,50
Nutella iced coffee	€3,00
Caramelo iced coffee	€3,00
Morango iced coffee	€3,00
Extra Chantilly	€0,50

Refrigerantes

Nestea Pêssego; manga ananás; limão	€1,80
Coca-cola/ Coca-cola 0	€1,80
Fanta Laranja; ananás	€1,80
Sprite	€1,80

Aguas

Água sem gás (0,33l/0,50l/1,5l)	€0,80/€1,00/€2,00
Água com gás	€1,30
Água de sabores com gás	€1,60
Limão; frutos vermelhos; ananás; laranja	
Água tônica	€1,80

Sumos Naturais

Sumo do dia	€2,60
Sumo de laranja	€3,00
Limonada	€2,60





Cervejas

Imperial (copo 0,20l)	€1,50
Imperial (caneca 0,50l)	€3,80
Cerveja sagres (0,33l)	€1,70
Cerveja preta (0,33l)	€1,70
Cerveja sem álcool (0,33l)	€1,70
Somersby	€3,00

Vinhos

Copo de vinho	€3,00
Branco; tinto; verde; rosé	
Garrafa de vinho ("Foz")	€16,00
Branco; tinto	
Garrafa de vinho ("Reguengos")	€12,00
Branco; tinto; rosé	
Garrafa de vinho verde ("Casal Garcia")	€12,00
Copo de sangria	€3,50
Branco; tinto	
Jarro de sangria 1L/2L	€14,00/€24,00
Branco; tinto	
Vinho do Porto	€3,00

Aperitivos

Martini Rosso	€3,00
Martini Branco	€3,50
Licor Beirão	€4,50
Amarguinha	€4,50



Gin Tónico

Gordon's	€6,50
Bombay Sapphire	€7,00
The Fox Tale	€7,50

Whiskey

Ballantine's Finest	€6,00
Cutty Sark	€5,00
JB Rare	€5,50

Aguardentes

Aguardente de figo	€3,00
Constantino	€3,50
Vodka	€5,50





Hot Drinks



Espresso	€1,00
American coffee	€1,50
Double coffee	€2,00
Galão (coffee with milk)	€1,50
Meia de leite (coffee with milk)	€1,40
Cappuccino	€2,20
Cappuccino with chantilly	€2,70
Hot chocolate	€2,50
Tea (to choose from)	€1,30
Tea La Bicyclette	€1,80

Lemon, ginger, mint and cinnamon



Iced coffees

Latte iced coffee	€2,50
Nutella iced coffee	€3,00
Caramel iced coffee	€3,00
Strawberry iced coffee	€3,00
Extra whipped cream	€0,50

Soft Drinks

Nestea Peach; mango & pineapple; lemon	€1,80
Coca-cola/ Coca-cola 0	€1,80
Fanta Orange; pineapple	€1,80
Sprite	€1,80

Water

Still water (0,33l/0,50l/1,5l)	€0,80/€1,00/€2,00
Sparkling water	€1,30
Sparkling flavored water	€1,60
Lemon; red fruits; pineapple; orange	
Tonic water	€1,80

Natural Juices

Juice of the day	€2,60
Orange juice	€3,00
Lemonade	€2,60





Beer

Draught beer (0,20l)	€1,50
Draught beer (0,50l)	€3,80
Sagres beer (0,33l)	€1,70
Stout beer (0,33l)	€1,70
Alcohol-free beer (0,33l)	€1,70
Somersby apple cider	€3,00

Wine

Glass of wine	€3,00
White; red; green; rosé	
Bottle of wine ("Foz")	€16,00
White; red	
Bottle of wine ("Reguengos")	€12,00
White; red; rosé	
Bottle of green wine ("Casal Garcia")	€12,00
Glass of sangria	€3,50
White; red	
Jug of sangria 1L/2L	€14,00/€24,00
White; red	
Port wine	€3,00

Aperitifs

Martini Rosso	€3,00
Martini Bianco	€3,50
Licor Beirão	€4,50
Amarguinha	€4,50



Gin & Tonic

Gordon's	€6,50
Bombay Sapphire	€7,00
The Fox Tale	€7,50

Whiskies

Ballantine's Finest	€6,00
Cutty Sark	€5,00
JB Rare	€5,50

Brandies

Fig brandy (traditional Portuguese fig spirit)	€3,00
Constantino	€3,50
Vodka	€5,50





Boissons Chaude



Expresso	€1,00
Café américain	€1,50
Double café	€2,00
Latté	€1,50
Café au lait	€1,40
Cappuccino	€2,20
Cappuccino avec chantilly	€2,70
Chocolat chaud	€2,50
Thé au choix	€1,30
Thé La Bicyclette	€1,80

Citron, gingembre, menthe et cannelle



Cafés glacés

Latte glacé	€2,50
Café glacé Nutella	€3,00
Café glacé caramel	€3,00
Café glacé à la fraise	€3,00
Supplément chantilly	€0,50

Sodas

Thé glacé Pêche; mangue et ananas; citron	€1,80
Coca-cola/ Coca-cola 0	€1,80
Fanta Orange; ananas	€1,80
Sprite	€1,80

Eaux

Eau plate (0,33l/0,50l/1,5l)	€0,80/€1,00/€2,00
Eau pétillante	€1,30
Eau pétillante aromatisée	€1,60
Citron; fruits rouges; ananas; orange	
Eau tonique	€1,80

Jus Naturels

Jus du jour	€2,60
Jus d'orange	€3,00
Limonade	€2,60





Bières

Bière pression (0,20l)	€1,50
Bière pression (0,50l)	€3,80
Bière Sagres en bouteille (0,33l)	€1,70
Bière stout (0,33l)	€1,70
Bière non alcoolisée (0,33l)	€1,70
Cidre Somersby à la pomme	€3,00

Vins

Verre de vin	€3,00
Blanc; rouge; vert; rosé	
Bouteille de vin ("Foz")	€16,00
Blanc; rouge	
Bouteille de vin ("Reguengos")	€12,00
Blanc; rouge; rosé	
Bouteille de vin vert ("Casal Garcia")	€12,00
Verre de sangria	€3,50
Blanc; rouge	
Pichet de sangria 1L/2L	€14,00/€24,00
Blanc; rouge	
Porto	€3,00

Apéritifs

Martini rouge	€3,00
Martini blanc	€3,50
Licor Beirão	€4,50
Amarguinha	€4,50



Gin Tonic

Gordon's	€6,50
Bombay Sapphire	€7,00
The Fox Tale	€7,50

Whiskies

Ballantine's Finest	€6,00
Cutty Sark	€5,00
JB Rare	€5,50

Brandies

Eau-de-vie de figue	€3,00
Constantino	€3,50
Vodka	€5,50



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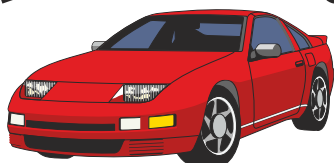
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